

Swimwear for adults, young people and children with complex needs and / or special educational needs and disabilities

We know that some people have additional considerations when it comes to spending time in a public swimming pool. This may include incontinence products, easy to put on swimwear or buoyancy aids.

The pools are cooler than hydrotherapy pools, so some pool users may also need to wear something to keep their core warm. Note the pool at The Pavilion is a leisure pool and is a few degrees warmer than the other swimming pools in Bromley. The Pavilion is typically heated at 30 degrees, Biggin Hill is between 29 – 30 degrees.

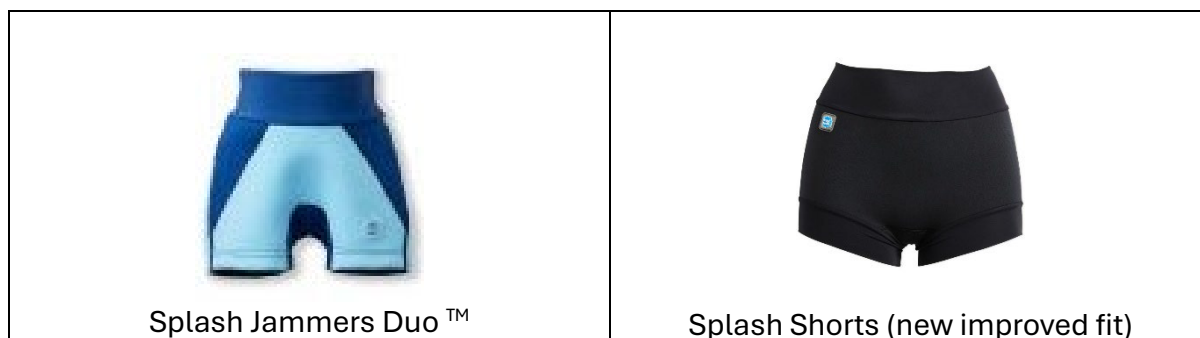
There are a number of specialist swimwear retailers that cover all of these additional needs. Some retailers are included on this page.

New products are being developed all the time to make it easier for people to spend time having fun in the water, so it is always worth a look to see what is new.

Splash About

www.splashabout.com

This retailer probably has the largest range of specialist swim items for people of all ages. For young children they have a new product, the Splash Jammers Duo™. With this product there is no need for a swim nappy underneath, which can cause additional drag in the water. It also has a silver-lined inner layer which Splash About claims has been scientifically proven to kill pathogens found in faecal matter. If you prefer you can buy swim nappies with this silver lining too.



For older swimmers, Splash About sells Splash Jammers or Splash Shorts (to be worn underneath regular swimwear). These are available from XS to XL

Kesvir, Incy Wincy and Fledglings

www.kesvir.co.uk

www.incywincy.net

www.fledglings.org.uk

Incy Wincy and Fledglings stock a number of Kes-Vir incontinence swimwear products that are helpful if you need something easy to put on. For example the Kes-Vir Boy's Wrap Swimshorts are available for ages 3-14 yrs, in addition to adult sizes. These are wrap around shorts and helpful for those who struggle to pull on swim shorts. Swimming costumes include wrapover and halter neck versions with waterproof briefs. Tankinis are also available with swim shorts.



Kes-Vir Boy's Wrap Swimshorts



Girl's Swim Briefs



Kes-Vir Waterfall Swimwear
(wrapover swimsuit with waterproof briefs)



Kes-Vir Ladies Skirt Swimsuit
(halter neck with waterproof swim pants)

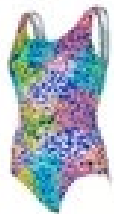
Zoggs

www.zoggs.com

Speedo

www.speedo.com

Retailers such as Zoggs and Speedo produce thermal swimwear for outdoor swimming, but their products may also be useful if you'd like to keep a little warmer in indoor pools and do not need incontinence protection. Traditionally neoprene has been used for warmth, but Zoggs also stock a range of Silver Lined Scoopback Swimsuits which they say keep people warm for 60% longer than traditional swimming costumes. Speedo produces a thermal swimsuit as well. Note these traditional swimsuits may be trickier to put on if you have limited movement – just something to bear in mind.



Zoggs Silver Lined Scoopback Swimsuit



Speedo Women's Sleeveless Thermal Swimsuit

Amazon

www.amazon.co.uk

If you are looking for additional buoyancy and warmth then you may want to try a swim vest or float jacket over your regular swimwear. These are not life jackets, they just help people stay a little more buoyant in the water. Both The Pavilion in Bromley and Biggin Hill Pool and Library have a selection of Konfidence Float Jackets and Konfidence Swim Vests for you to borrow.

If you would like to buy your own jacket these, and other specialist swimwear products, are available on Amazon. Some of the swimwear retailers mentioned above also sell different versions of swim vests and toddler wetsuits.



Konfidence Jacket Premium Swim Vest
for Kids



Konfidence Adult Float Jacket

Funding

We know that specialist swimwear and supports for use in the water can be expensive.

If you need more than just a regular swimsuit, Splash About has the option of buying a bundle of products which is cheaper than buying them individually.

There are a couple of charities that sometimes help with the purchase of **adaptive clothing** and **fund sporting activities**. For example

- The Family Fund www.familyfund.org.uk Tel: 01904 550055 (use 'other request' category)
- Boparan Charitable Trust www.theboparancharitabletrust.com Tel: 01121 661 9863

You may also find some useful information on Bromley's SEND Local Offer:

<https://www.bromley.gov.uk/special-educational-needs-disability-send-local-offer/send-local-offer-support-families-facing-financial-pressures>

If you would like your purchase to benefit others, then Fledglings is part of the charity Contact. Fledglings sells a selection of swimwear with all profits going to help families with disabled children. (www.fledglings.org.uk)