

Recipe Allergen Summary

| | Celery | Crustaceans | Eggs | Fish | Gluten | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame seeds | Soybeans | Sulphur dioxide |
|--|--------|-------------|------|------|--------|-------|------|----------|---------|------|---------|--------------|----------|-----------------|
| Breakfast Baguette brown with bacon | | | | | ● | | ● | | | | | | | |
| <i>Contains: Gluten(Barley, Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Oats)</i> | | | | | | | | | | | | | | |
| Breakfast Baguette brown with eggs | | | ● | | ● | | ● | | | | | | | |
| <i>Contains: Gluten(Barley, Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Oats)</i> | | | | | | | | | | | | | | |
| Breakfast Baguette brown with sausages | | | | | ● | | ● | | | | | | | ● |
| <i>Contains: Gluten(Barley, Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Oats)</i> | | | | | | | | | | | | | | |
| Breakfast baguette white with sausages | | | | | ● | | ● | | | | | ○ | | ● |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast bap with bacon | | | | | ● | | ● | | | | | ○ | | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast bap with eggs | | | ● | | ● | | ● | | | | | ○ | | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast bap with sausages | | | | | ● | | ● | | | | | ○ | | ● |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Eggs Your Way Fried Egg Brown Bread | | | ● | | ● | | ● | | | | | | | ● |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Eggs Your Way Fried Egg Brown Bread (Copy) | | | ● | | ● | | ● | | | | | | | ● |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Eggs Your Way Fried Egg Brown Bread (Copy) (Copy) | | | ● | | ● | | ● | | | | | | | ● |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Eggs Your Way Fried Egg White Bread | | | ● | | ● | | ● | | | | | | | ● |
| <i>Contains: Gluten(Rye, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Eggs Your Way Poached Egg Brown Bread | | | ● | | ● | | ● | | | | | | | ● |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Eggs Your Way Poached Egg White Bread | | | ● | | ● | | ● | | | | | | | ● |
| <i>Contains: Gluten(Rye, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Eggs Your Way Poached Egg White Bread | | | ● | | ● | | ● | | | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley)</i> | | | | | | | | | | | | | | |
| Breakfast Eggs Your Way Scrambled Egg Brown Bread | | | ● | | ● | | ● | | | | | | | ● |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Eggs Your Way Scrambled Egg White Bread | | | ● | | ● | | ● | | | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley)</i> | | | | | | | | | | | | | | |
| Breakfast Porridge with fruits of the forest | | | | | ● | | ● | | | | | | | |
| <i>Contains: Gluten(Oats)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Porridge with honey | | | | | ● | | ● | | | | | | | |
| <i>Contains: Gluten(Oats)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Porridge with nuts | | | | | ● | | ● | | | ● | ● | | | |
| <i>Contains: Gluten(Oats), Nuts(Almonds, Walnuts)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley, Wheat), Nuts(Brazil nuts, Cashews, Hazelnuts, Macadamias, Pecans, Pistachios)</i> | | | | | | | | | | | | | | |
| Breakfast Smashed Avocado & Eggs on Brown toast (FE) | | | ● | | ● | | ● | | | | | | | ● |

| | Celery | Crustaceans | Eggs | Fish | Gluten | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame seeds | Soybeans | Sulphur dioxide |
|--|--------|-------------|------|------|--------|-------|------|----------|---------|------|---------|--------------|----------|-----------------|
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Smashed Avocado & Eggs on brown toast (PE) | | | ● | | ● | | ● | | | | | | ● | |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Smashed Avocado & Eggs on brown toast (SE) | | | ● | | ● | | ● | | | | | | ● | |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Breakfast Smashed Avocado & Eggs on White toast (FE) | | | ● | | ● | | ● | | | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley)</i> | | | | | | | | | | | | | | |
| Breakfast Smashed Avocado & Eggs on white toast (PE) | | | ● | | ● | | ● | | | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley)</i> | | | | | | | | | | | | | | |
| Breakfast Smashed Avocado & Eggs on white toast (SE) | | | ● | | ● | | ● | | | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley)</i> | | | | | | | | | | | | | | |
| Full English Breakfast (FE) | | | ● | | ● | | ● | | | | | | ● | ● |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Full English Breakfast (PE) | | | ● | | ● | | ● | | | | | | ● | ● |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Full English Breakfast (SE) | | | ● | | ● | | ● | | | | | | ● | ● |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Jacket potato with Bacon | | | | | | | ● | | | | | | | |
| Jacket potato with Baked Beans | | | | | | | ● | | | | | | | |
| Jacket potato with Cheese | | | | | | | ● | | | | | | | |
| Jacket potato with coleslaw | | | ● | | | | ● | | | | | | | |
| Jacket Potato with Prawns | ● | ● | ● | ○ | | | ● | ○ | | | | | | |
| Jacket Potato with Tuna mayo | | | ● | ● | | | ● | | | | | | | |
| Light Bites Cheese & Ham Baguette Brown | | | | | ● | | ● | | | | | | | |
| <i>Contains: Gluten(Barley, Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Oats)</i> | | | | | | | | | | | | | | |
| Light Bites Cheese & Ham Baguette White | | | | | ● | | ● | | | | | ○ | | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Light Bites Chicken Baguette Brown | | | | | ● | | ● | | | | | | | |
| <i>Contains: Gluten(Barley, Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Oats)</i> | | | | | | | | | | | | | | |
| Light Bites Chicken Baguette White | | | | | ● | | ● | | | | | ○ | | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Light Bites Club Sandwich Brown | | | ● | | ● | | ● | | | | | | ● | |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Light Bites Club Sandwich White | | | ● | | ● | | ● | | | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley)</i> | | | | | | | | | | | | | | |
| Light Bites Cod Goujon Baguette White | | ○ | ● | ● | ● | | | ○ | | | | ○ | | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Light Bites Cod Goujons Baguette Brown | | ○ | ● | ● | ● | | | ○ | | | | | | |
| <i>Contains: Gluten(Barley, Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Oats)</i> | | | | | | | | | | | | | | |
| Light Bites Prawns Baguette Brown | ● | ● | ● | ○ | ● | | | ○ | | | | | | |
| <i>Contains: Gluten(Barley, Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Oats)</i> | | | | | | | | | | | | | | |
| Light Bites Prawns Baguette White | ● | ● | ● | ○ | ● | | ● | ○ | | | | ○ | | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |

| | Celery | Crustaceans | Eggs | Fish | Gluten | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame seeds | Soybeans | Sulphur dioxide |
|--|--------|-------------|------|------|--------|-------|------|----------|---------|------|---------|--------------|----------|-----------------|
| Light Bites Tuna Baguette Brown | | | ● | ● | ● | | | | | | | | | |
| <i>Contains: Gluten(Barley, Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Oats)</i> | | | | | | | | | | | | | | |
| Light Bites Tuna Baguette White | | | ● | ● | ● | | ● | | | | | ○ | | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Chargrilled Chicken Breast Burger (CC) | | | ● | | ● | | ● | | | | | ○ | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Chargrilled Chicken Breast Burger (FF) | | | ● | | ● | | ● | | | | | ○ | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Chargrilled Chicken Breast Burger (SF) | | | ● | | ● | | ● | | | | | ○ | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Chicken Caesar Salad | | | ● | | ● | | ● | | | ○ | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley), Nuts(Almonds)</i> | | | | | | | | | | | | | | |
| Mains Classic Ham & Eggs & Chips | | | ● | | | | | | | | | | | |
| Mains Halloumi Burger (CC) | | | ● | | ● | | ● | | | | | ○ | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Halloumi Burger (FF) | | | ● | | ● | | ● | | | | | ○ | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Halloumi Burger (SF) | | | ● | | ● | | ● | | | | | ○ | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Mytime Active Beef Burger (CC) | | | ● | | ● | | ● | | ● | | | ○ | ● | ● |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Mytime Active Beef Burger (FF) | | | ● | | ● | | ● | | ● | | | ○ | ● | ● |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Mytime Active Beef Burger (SF) | | | ● | | ● | | ● | | ● | | | ○ | ● | ● |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Mytime Active Beef Burger with bacon | | | ● | | ● | | ● | | ● | | | ○ | ● | ● |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Mytime Active Beef Burger with cheese | | | ● | | ● | | ● | | ● | | | ○ | ● | ● |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Mytime Active Beef Burger with cheese and bacon | | | ● | | ● | | ● | | ● | | | ○ | ● | ● |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Mains Tuna Salad | | | ● | ● | | | | | | ○ | | | | |
| <i>May contain: Nuts(Almonds)</i> | | | | | | | | | | | | | | |
| Mains Vegan Burger (CC) | | | | | ● | | | | ● | | | ○ | ● | |
| <i>Contains: Gluten(Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley)</i> | | | | | | | | | | | | | | |
| Mains Vegan Burger (FF) | | | | | ● | | | | ● | | | ○ | ● | |
| <i>Contains: Gluten(Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley)</i> | | | | | | | | | | | | | | |
| Mains Vegan Burger (SF) | | | | | ● | | | | ● | | | ○ | ● | |
| <i>Contains: Gluten(Rye, Wheat)</i> | | | | | | | | | | | | | | |
| <i>May contain: Gluten(Barley)</i> | | | | | | | | | | | | | | |
| Sides Chunky Chips | | | | | | | | | | | | | | |
| Sides Chunky Chips with Cheese & Bacon | | | | | | | ● | | | | | | | |
| Sides Fries | | | | | | | | | | | | | | |
| Sides Loaded Nachos | | | | | | | ● | | | | | | ○ | |
| Sides Sweet Potato Fries | | | | | | | | | | | | | | |
| Sourdough Ham Roll | ● | | ● | | | | ● | | | | | | | |

| | Celery | Crustaceans | Eggs | Fish | Gluten | Lupin | Milk | Molluscs | Mustard | Nuts | Peanuts | Sesame seeds | Soybeans | Sulphur dioxide |
|--|--------|-------------|------|------|--------|-------|------|----------|---------|------|---------|--------------|----------|-----------------|
| Stone Baked Pizza Chicken | | | | | ● | | ● | | ○ | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Stone Baked Pizza Hawaiian | | | | | ● | | ● | | ○ | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Stone Baked Pizza Margherita | | | | | ● | | ● | | ○ | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Stone Baked Pizza Pepperoni | | | | | ● | | ● | | ○ | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Stone Baked Pizza Vegetarian | | | | | ● | | ● | | ○ | | | | ○ | |
| <i>Contains: Gluten(Wheat)</i> | | | | | | | | | | | | | | |
| Vegetarian Breakfast (FE) | ● | | ● | | ● | | ● | | | | | | ● | |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Vegetarian Breakfast (PE) | ● | | ● | | ● | | ● | | | | | | ● | |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |
| Vegetarian Breakfast (SE) | ● | | ● | | ● | | ● | | | | | | ● | |
| <i>Contains: Gluten(Barley, Wheat)</i> | | | | | | | | | | | | | | |

- Recipe contains allergen
- Recipe may contain allergen
- ? Missing data for allergen

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